



Microdermabrasion Informed Consent

- *Do not wear contact lenses to treatment sessions. They can be placed in after treatment.*
- *Be off Glycolics, AHAs and any Retinol products 72 hours before and after treatment.*
- *A minimum of 4 treatments or more are recommended in order to achieve desired results.*
- *No Suntan beds to be used for 2 weeks post treatment.*
- *Sunscreens of at least SPF 30 to be applied and re-applied during sun exposure.*
- *Treated area to be kept clean and well moisturized*
- *Avoid collagen or Botox injections 10-14 days before treatment.*

Microdermabrasion projects a flow of inert crystals over the skin, and abrades away epidermal tissue in the areas treated. Microdermabrasion is used to diminish the appearance of hyperpigmentation, fine lines and other skin conditions.

After treatment, the skin may feel tight as if exposed to the sun or wind. Most side effects are temporary and generally subside within 72 hours. Possible (not probable) side effects include, and not limited to, include slight redness, extreme redness, swelling, bruising, stinging, tenderness, dry or flaking skin, lightening or darkening of the skin in addition to slight blood spotting may appear with deeper treatment levels. Healing may take several days or longer.

Anytime the skin barrier is broken; there is a small risk of bacterial or viral infection. If you are prone to the Herpetic outbreaks, please let our staff know so that we may give you the proper pre-treatment prescription of Acyclovir or Zovirax.

Your fresh, newly exposed skin will be delicate. Protect it from the sun by using a moisturizing sun block cream. Keep the area clean and dry. Do not apply ordinary make-up for at least 3-24 hours after the treatment. Avoid swimming and sun exposure for at least one week.

It is important to note that wrinkles, freckles and other age spots are cosmetic in nature and pose no medical threat if they are not treated. Microdermabrasion, therefore, is an elective, cosmetic procedure and only should be done with these considerations in mind.

I acknowledge that no guarantee has been given to me as to the condition of the complexion, skin pore size, wrinkles, or the percentage of improvement expected following treatment, due to each individual's unique reactions. I understand that specific results are not guaranteed.

I agree to adhere to all safety precautions and home skin care program as recommended by my practitioner, and I am over 18 years of age or I have parental consent co-signed below, and I will call to inform Dr. Doolabh of any complications or concerns I may have as soon as they occur.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to, Dr. Vaishali B. Doolabh, or a designated member of her staff, to perform Microdermabrasion treatments on myself.

***COPY OF FORM USED IN THE OFFICE. FOR
INFORMATIONAL PURPOSES ONLY.***

Updated 03.29.06