

# Reflections

A newsletter about Contemporary Plastic Surgery

Issue: October 2009



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Tune in Wednesdays, 8pm, cable channel 7 and watch our infomercial

## Did You HEAR?

- In a continuing patient safety series, Dr. Doolabh was on The Morning Show last month. The hot topic this time was the pitfalls of buying cosmetic treatments on Ebay. And look for her upcoming interview in HealthSource Magazine.
- Dr. Doolabh is an active participant in the Maintenance of Certification Program for the American Board of Medical Specialties. This program recognizes and assures her licensure, professional standing, life long learning and self assessment educational activities, cognitive expertise and practice performance.
- The State Medical Board of California determined that the American Board of Cosmetic Surgery does not require the same rigorous, focused training necessary to be deemed equivalent to a specialty board recognized by the American Board of Medical specialties. This was due to wide variations in prerequisite education, scope and content of their training programs. Certification by a ABMS member Board, like the American Board of Plastic Surgery, has meaning and value and is the gold standard in medicine. Please, when it comes to your cosmetic treatments, don't be confused by credentials, and choose your practioner carefully.

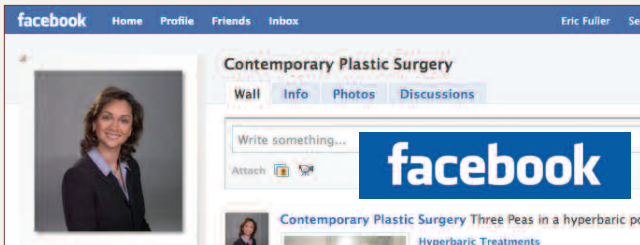
## Oxygen THERAPY



An invigorating and therapeutic experience, hyperbaric oxygen therapy is FDA approved and increases the intake of oxygen into the body. Our mild Hyperbaric Oxygen Chamber is a soft sided system designed for a single individual. During a treatment session, ambient air is pumped in and pressurized, without any danger of oxygen toxicity. The sensation is akin to ascent and descent in an airplane.

Increased oxygenation detoxifies, reduces tissue swelling and boosts the immune system. This can be applied for enhanced general conditioning before or after intense athletic activities. Surgical patients, diabetics or smokers benefit from enhanced blood vessel in- growth and greater wound healing, while others experience relaxation and better sleep patterns. Studies show significant improvement in several other conditions including Attention Deficit Hyperactivity Disorder, Autism, Fibromyalgia, Multiple Sclerosis, Migraine headaches, Infertility, and Asthma. Restore and renew yourself with customized treatments customized safely, comfortably and effectively.

## Be IN THE KNOW



Contemporary Plastic Surgery is on **Facebook.com!** Connect with us and our friends in the beauty business. Keep up to date with the latest news and events and share your feedback and enthusiasm for our services.

## What I REALLY WANT

Looking to give or receive that perfect gift? Try Contemporary Plastic Surgery's new **Gift Registry** for beauty gifts. Choose from a wide range of professional skin care products, aesthetician services, massages, body wraps, hyperbaric oxygen treatments, permanent cosmetics, laser treatments and more! Just call the office, let us know what you are celebrating and who you wish to tell, and we will take care of the rest. It's that simple to get what you really want

## For the men IN YOUR LIFE

Until recently, skin care and men have not gone together. Today's health conscious man can find professional help in treating common skin concerns. At Contemporary Plastic Surgery, we recognize male physiology leads to thicker, oilier skin prone to acne and irritation of the hair follicle resulting from daily shaving. Our aestheticians and laser specialist can effectively treat such issues and provide a simple preventative regimen to combat environmental damage. So whether its high quality skin care products, a series of facials, microdermabrasions or peels, or advanced laser treatments, let healthy skin separate the men from the boys!

## As Seen ON OPRAH

Contemporary Plastic Surgery now carries "Body Magic" (seen on Oprah) post-procedure garments. Treat yourself to comfort and support and look great as you heal.